



glenn azar

success coach

VISION EXERCISE

Light your fire for the next 12 months



CREATING A COMPELLING VISION

Lighting the Fire

Creating a vision from scratch is really hard work. You can sit and stare at your notebook or laptop for ages because all of the ideas and desires that fill your mind at night seem to desert you when it comes time to get them down in writing.

Maybe you don't know what you want but you know you want something different to what you currently have, where you currently are or what you're currently doing. It's ok to not be 100% sure. It's also ok to change your mind, so don't think once you start writing that you have to stick to this. You may find that it evolves once you start to get the brain ticking.

I will guide you through this process but then you will go away and review it, refine it until you feel that it's the right fit for you and what you want your life to look like.

When you create change in your life you will be presented with challenges. Just because you really want something it doesn't mean the road will suddenly light up and be easy. In fact, when we create change we often invite extra challenges because the people around us are challenged by change. We ourselves are challenged by change. We fill ourselves with self-doubt, questioning whether we're doing the right thing, are we good enough, are we worthy, who are we affecting and the list goes on.

Two things will get you through this:

1. Having a compelling vision, written down, that you can use to remind yourself what you wanted and why. This is great when times are challenging.
2. An inner circle of people that will champion and support you. People that want you to succeed. People that challenge you to be better.

The end goal for our vision session is to have a refined version written down that fits onto one page. It's something that should challenge and excite you. It's something you need to read everyday so that it becomes a part of you. It's something that you **MUST** believe if there's any chance of it coming to fruition.

Just because you write all of this down, think about what you want, refine it – doesn't mean it will come true. You have to **BELIEVE** and you have to be willing to do the **WORK**.

Change is hard. Embrace that fact and let's get compelled to live a life by choice not by chance.

Let's get started.

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What time do you wake up?

Who is beside you?

Where do you live?

Describe your home in detail. What does it look and feel like?

What do you do when you wake up?

Who are you?

What makes you special?



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What is it about you that allows you to create the level of success and happiness you desire in life?

What are you wearing when you head outside the door?

What does your wardrobe look like? What's in it?

What's on the agenda for the day?

How many hours will you work today?

What will you be doing?



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What will you do when you finish work?

What are your plans for the weekend?

How much money do you generate each month?

What do you do to bring in this money?

What do you love most about what you do?

How does your body look and feel?



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What are your energy levels like?

What type of car do you drive?

How do you spend you spare time?

What's your relationship with you partner like?

What are your thoughts about your life?

How do you spend your evenings?



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How do you spend your leisure time?

Who are your friends?

What events do you attend?

What excites you about your life right now?

Where do you travel to?

What do you eat?



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What are your last thoughts before you go to sleep?

Once you've answered all of the questions above, you are going to map out your Ideal Average Day.

- Begin with your first thoughts upon waking.
- Continue on with your ideal average working day.
- Include personal and lifestyle elements to balance work and lifestyle.
- Allude to the wealth you will be creating and the difference you'll be making.
- Include the people in your life, close to you or even those you don't know but make a difference to. Either or both is fine.
- You MUST feel it, taste it, KNOW it's on the horizon if you do the work.
- So let's go. On the following page map out your Ideal Average Day.



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My Ideal Average Day looks like:



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